

Annelise Cruickshank



Annelise works as a coach, trainer and consultant and combines strong business awareness with a psychological approach.

Annelise works across a wide range of private, public and voluntary organisations. She also has considerable experience in working with various cultures worldwide.

Her work has involved helping individuals to manage the everyday business necessary to achieve organisational goals as well as developing individual performance, raising awareness and options for change. She uses a facilitative approach, believing that her main role is to ignite interest and stimulate a desire to grow and learn that is maintained outside the training room.

Annelise's approach throughout all she does is to help people develop their strengths to be effective and fulfilled at work. She is naturally supportive and encouraging and will not shy away from asking the difficult questions.

Education and Professional Accreditation

- MSc in Coaching and Leadership Development
- EMCC Master Coach
- Qualified User of the MBTI and FIRO-B Psychometric Instruments