

Words and Phrases that Weaken your Personal Power

“It has been brought to my attention that...”

*“your attitude...”
“your problem...”
“your issue...”*

“I know just how you feel...”

“Don’t take this the wrong way (but)...”

“How are you, all right...?”

*“Just...”
“Maybe...”
“Quite...”
“Unfortunately...”
“Yes, but...”
“Yes, however...”*

“Obviously/clearly/evidently...” (if it’s not)

“With all due respect...”

*“It’s probably just me, but...”
“It’s only my opinion, but...”*