

## **Sandra Maitland**



Sandra has worked extensively in both the public and the private sector using drama as a means of training.

Sandra has a very intuitive approach to her work and this, combined with her sense of fun, ensures the experience delegates receive is an enjoyable one.

Sandra has been working as a professional actress on stage and television since 1982 and is probably best known for her role as Mandy Jordache in Brookside.

She began her career in Theatre in education and community theatre, where she honed her skills in devising and improvisation. She has also taught improvisation in a variety of educational environments.

She has also led workshops on Team Building, Body Language, Impact and Voice.

### **Educational and Professional Accreditation**

- Diploma in Theatre

