

Words and Phrases that Weaken your Personal Power

*“It has been brought
to my attention
that...”*

*“your attitude...”
“your problem...”
“your issue...”*

*“I know just how
you feel...”*

*“Don’t take this the
wrong way (but)...”*

*“How are you,
all right...?”*

*“Just...”
“Maybe...”
“Quite...”
“Unfortunately...”
“Yes, but...”
“Yes, however...”*

*“Obviously/clearly/
evidently...” (if it’s
not)*

*“With all due
respect...”*

*“It’s probably
just me, but...”
“It’s only my
opinion, but...”*